

## TIDINGS

## September 2023

## **A Word From Your Pastor**

#### Greetings to you!

September signals for many of us the end of summer, but also the start of the school year. It also serves as the start of the church program year as well. Over the summer the choir does not meet regularly, Sunday school is not in session, we hope to spend more time outside and with family and friends. But come September, students and teachers are going back to school and we are getting back into our school-year routines.

Summer is a relaxed time when people tend to vacation more, schedule less work-related events (hopefully) and stay up a bit later with the longer days of sunlight. As fall approaches, we tend to have more structure and routine that we follow—getting up, dressed, eating breakfast, going to work/school, etc. But what about our spiritual routine?

People tend to thrive when they have a routine. We all love some times of spontaneity and surprise, but for the most part, we like knowing what we're expected to do, and following a schedule. Athletes follow schedules, teachers follow schedules, even pastors follow schedules. Many of us, however, have slipped into the same spiritual routine. We go to church once a week on Sundays, maybe have a meeting during the month at some point, perhaps a Bible study, and that's about it. What if we were to set a schedule for ourselves that included some more time dedicated to our faith.

So how do we go about that? One of the easiest routines that I've found able to keep up consistently is to find at least one time each day to talk to God. For me, this is a time when I silence the phone, the tablet, the laptop, and the TV. I find a space away from my kids and dogs, even if it's just for a few minutes. It can be a time of prayer or just a time of listening. Like with any other type of schedule, it's especially helpful to do it at the same time each day. Whether it's on your commute to work or right before you get in bed, finding a time to speak to God is a great way to add to your spiritual routine.

Other ideas to add could be finding one time a day to read scripture, even if it's only a paragraph. I also enjoy reading books about various spiritual topics as a way to calm my mind at the end of each day. Start a gratitude journal where you write down three things you are thankful for that day. Find at least one person in your day that you feel could use some words of encouragement or support and offer it to them. Find one event a month outside of Sunday worship to attend at church and try and go—meet new people, find new connections.

As we start the routines that govern our school year, try and add a component into that routine that isn't just another thing to check off your to-do list, but actually enriches your life. Find something that you enjoy so that it is easier to maintain doing. Find an accountability partner that knows your routine so that you check in with each other to make sure you're keeping up. Most importantly, seek out ways to connect with God and strengthen your relationship. It is always a challenge to start a new practice and routine, but keep at it!

Blessings to all as you prepare to start a new school year and a new church year, we hope that it will be one to remember and bring us all closer to our Creator.

With many wishes for a fruitful year, Rev. Vanessa Winters



#### **Prayer Concerns**

<u>Recent</u>: Bob Kreiger, heart procedure (partner of Tony Thompson); Christina Ravenhall, broken leg; Melanie Shrensel (friend of Tony Thompson); Inda Lawson, Diane Perry's niece; Jane Busking; Vita Collery, cancer, cousin of Karen Derryberry; Ralph Neubauer; Amanda Walters, cancer, friend of Karen Derryberry; Helen Fitzsimons; Kevin Fitzgerald; Marjorie Ridgway, home; Seamus Naughton, home;

Long Term: Kimberly Rogers Murawski; Dean Speir, Gale Seidler's brother; Ralph Downs, Florida; Phyllis Styrzo, Hamptons Center for Rehab; Dana Barrett, friend of Nancy Miller; Chelsey Carter Collins, Hamptons Center for Rehab; Ellen Pfaff; Dottie Evans



Save your scrap metal! This year's scrap metal drive has been scheduled for Saturday, September 30th. We are accepting all types of metal: steel, copper, aluminum, old appliances, cars, etc. Bring all items to the church parking lot from 9 AM to 3PM. If you have large items that have to be picked

up, contact Tom Rogers or the church office. We have received \$5, 402 towards the church budget from scrap metal this year.

## Attention!! Sunday School & YG



Reunion Sunday, Sept. 10th "Blessing of the Backpacks" Bring your backpack to church for a blessing from Rev. Winters to start the school year! Sunday School Registration with Breakfast and our Annual Group Photo!! Don't miss out! Questions, see Kathy Tureski Registration Forms are available now!



Thank you to the Pfaff family for the beautiful donation of the grandfather clock hand crafted by the late John Comba. Once was in working condition, if anyone knows of someone with the talent of fixing clocks, the family would like to make a donation to have it fixed. It has a new home in the Founder's Room.

Check it out!

## **Church Family News**

## Weddings

Sept. 1, 2023 Laura Schipper & Ryan Joudeh

#### **Deaths**

Aug. 15, 2023 John Sartorius, Jr.

## **Calling All Bakers!**

Anyone who enjoys baking is encouraged to bake for the coffee hour. Beginning in September, a sign-up sheet is on the bulletin board next to the usher and flower chart.





#### **Presbyterian Women**

Presbyterian Women includes all the women of the church, members and friends alike. Traditionally they have been meeting for luncheons and have planned various fundraising activities which support our missions. Cheryl Van Tuyle called me and asked me if I would hostess a gathering of women for wine, cheese and cold hors d'oeuvres in July. I said "yes!" Twenty-one ladies enjoyed a relaxing get together without any agenda on July 12th. I could see a lot of positive energy there and couldn't let the opportunity go. Towards the end of the evening, I handed out blank post it notes and asked "what types of activities



would you like to see the PW doing in the future?" All sorts of ideas from line dancing, yoga and evening dinners to trips to museums and parks were written. We met again this time on August 9th on the church patio off the library and discussed these ideas with the hope of making them happen.

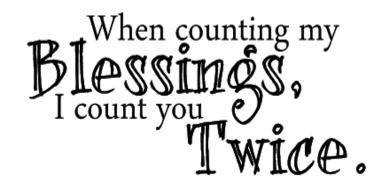
Firstly though, the Presbyterian Women will meet for a "Covered Dish" luncheon on Wednesday, September 13<sup>th</sup> at noon in the conference room. Please bring a covered dish to share. We hope you can all join us. As our traditional luncheons will continue along with the Christmas Bazaar and the annual Yard Sale, we will also be adding some evening meetings and hopefully some fun activities to bring us together especially in the bleak mid-winter. Some of these activities will be something everyone can enjoy as well as family friendly such as movie or game night.

We are now working on a dinner in the evening in October hopefully the third Thursday with a speaker. Stay tuned and if you have any good ideas, let me know. Christine Haddad for the PW

#### PW Thank Offering Sunday. November 19th

#### **Dishuasher's Grace**

Thank God for dirty dishes, they have a tale to tell. While other folks go hungry, we're eating very well. With home and health and happiness, we shouldn't want to fuss, for by this stack of evidence, God's very good to us.



## Bruce Qua & the Great Cycle Challenge!

This September, I'm riding 300 miles in the Great Cycle Challenge to fight kids' cancer!

Because cancer is the largest killer of children from disease in the United States - 38 kids die every week. And so I am taking on this challenge to end childhood cancer and save little lives.

Please support me by making a donation through my fundraising page: https://greatcyclechallenge.com/Riders/BruceQua/d

All funds raised will support Children's Cancer Research Fund to continue their work to develop innovative treatments and find a cure for childhood cancer. Thank you for your support.



Bruce

## CROP Walk 2023

With the coming of September, it's time to remember our fall CROP Walk, which this year falls on Sunday, October 15. We should be thinking about the fun of walking through Westhampton Beach in the crisp fall air with our friends, raising money for one of the best causes out there. Since 1946, Church World Service has been a faith-led organization partnering with individuals around the globe to walk alongside our most vulnerable neighbors in over 65 countries around the world. Thanks to volunteers and donors like us, people can find nutritious food, clean water, legal support and the other services they need to build the lives we all deserve.

In the last year CWS has supported 1,000 food banks, helped 4,500 refugees find safety in Kenya, provided better access to safe water and sanitation across Asia, and helped over 8,000 children in a refugee program in Egypt, plus much more. And remember, 25% of everything we raise will come back to our local food bank in the Roman Catholic church.

It's time to mentally commit to walking when the time comes, and for non-walkers, to mentally commit to supporting the walkers generously. Last year we raised \$2,926.90 with 19 walking. The walks offered will be one mile, two miles, or six miles. The rewards are infinite. See Stu Wood for details.

## **Nominating Committee**

As you undoubtedly know, the Nominating Committee has begun their work which will culminate in our Congregational Meeting to elect the next Class of 2026. We serve three year terms. The Session consists of 9-12 members who conduct the business of the Church. The Sunday worship, the choir, the Sunday School, the Youth Group, the finances, and more, all come under the umbrella of the Session. The 12 Trustees take care of the buildings and grounds, making sure they are maintained and cared for. The lawn maintenance, insurance, building upkeep and much more come under the auspices of the Trustees. The 9-12 Deacons take care of us. They keep in touch with those who can't make it to Church, they visit shut ins, they take the Sunday flowers to different members if the donor does not take them and they provide occasional meals to those members/friends that are in need of such care. They provide beautiful receptions for those who have departed and hold their services at our Church and so much more. Where do you fit in? How would you like to serve? Let any one of the a Nominating Committee members know your preference. We will be calling those who we feel would fit on a particular Board. Please give thoughtful consideration to serving when we call. It takes an hour or two of your time each month.

Mimi Wood, Chair Diane Perry, Co-Chair Karen Andrews, Karen Derryberry, Holly Hubbard, Bill McDaris, Bonnie Wooten Christine Haddad, Deacon Ralph Hubbard, Trustee Hi! I'm Delaney Campell, and I am working on my silver award project for Girl Scouts. I will have a donation box at the church collecting pet supplies for Bideawee. My hope is that this will remain an ongoing Youth Group collection for the future. Please look to the flyer for accepted items and details.



## YG & Sunday School

Summer break is slowly coming to end, and reunion Sunday will be here shortly! We've been busy these past few weeks making plans for the upcoming year.

First off Sunday School and YG Registration forms are on website, or on the bulletin board in the Parish Hall, or you received an email, lastly Reunion Sunday (9/10) will also be a registration day! Lots of places for you to sign up your child(ren).

Speaking of Reunion Sunday, we will be having a blessing of the backpacks during Children's Times at the service. Have your child(ren) bring their backpack to church and Rev. Vanessa will offer a blessing for the school year. If you're older and have a notebook, binder, or special writing utensils and want to have them receive a blessing too, bring them along! The annual Sunday School group photo will be on September 17<sup>th</sup>, mark your calendar!

To kick the year off, we are challenging the children, youth and adults of this church to support a mission close to our hearts, Heifer International. We will be dedicating every third Sunday's collection of quarters from our Heifer tube that sits at the front of the church. It holds approximately \$150. We will still do our campaign during Advent, offering you the challenge to make a donation in honor or "gift" it in someone's name. It's the gift that keeps on giving! As always, we will have cards for you to give each recipient, if you chose to do this for Christmas or maybe for a birthday! Our goal this year is to try and raise enough funds to purchase an "Ark" of animals again.

"A Gift Ark changes the world two by two. The Gift Ark donation includes two water buffalos, two cows, two sheep and two goats, along with bees, chicks, rabbits and more. Donating a Gift Ark will help:

- Care for entire communities with milk, eggs, honey and wool
- Provide income by supplying an abundance of goods to sell
- Sustain farming by providing livestock to work the land

Improve the lives of families for generations by multiplying and Passing on the Gift

Your Gift Ark donation goes around the world, from Africa to Asia to the Americas. Wherever we find hunger, poverty and hopelessness, we answer with the animals, training and encouragement provided by your generous animal gifts."

I'm looking into getting a direct link to our campaign so your donation can count towards it, watch for more details. To learn more about Heifer, follow this link: <u>https://www.heifer.org/</u>

We are still looking for one at least one teacher so our class can be broken up into 4 (PreK- 1),  $(2^{nd} - 4^{th})$ ,  $(5^{th} - 7^{th})(8^{th} - 12^{th})$  otherwise, it looks like it will be  $(K - 3^{rd})$ ,  $(4^{th} - 7^{th})(8^{th} - 12^{th})$ . Also, we are in need of substitutes. Please let me know if you're interested, or need more information about this. We will also have a special treat this year, Ms. Doyle is going to help us host a few "musical Sunday School classes" where it would be a "group SS" class learning and singing songs!

Be sure to check your emails or the bulletin board in the Parish Hall for latest details for schedules.

Looking forward to seeing everyone together again.....

Kathy

## **Annual Church Picnic**















Another great time by all at the Annual Church Picnic! Thank you to all who were able to help before, during and after. And Thank you to all who contributed to the delicious spread!

## Grillin' & Chillin' Summer Party







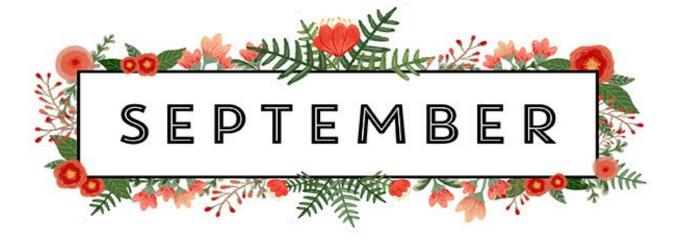




## WISHING A VERY HAPPY BIRTHDAY AND HAPPY ANNIVERSARY TO ....

- Christina & Steve Ravenhall 1
- 1 Ralph Neubauer
- 1 Karen & Ralph Neubauer
- 1 Jessie Fox
- 1 Keri & Wing Shiu Rev. Ann Van Cleef
- 2
- 3 Tracy Martin
- 3 Lou Hornick
- 4 Donna Goebel Williams
- 4 Fred Bauer
- 5 Jessica Howard
- 5 Kathy Johnson
- 5 Jane Otis
- 6 Jessica Howard & Seamus Naughton
- 7 Jean Cuthbert
- 8 David Aiello
- 8 Margery Gosnell-Qua
- 9 Blake Busking
- 11 Jane Busking
- 11 Grant Babis
- 11 Jennifer & Andrew Schultze
- Margery & Bruce Qua 12
- 13 Vern Hackworth
- 13 Stephanie & Kyle Miller
- Jenn & Leif Neubauer 13
- 13 Kimberly & Tommy Otis
- 15 Nancy & Wes Winters
- 15 Hanne & Bill Manker
- 15 Micah Bennett
- 15 Susan Lipp
- Hannah Wagner 16
- Cindy & Robert Schneider 16

- 16 Caroline Aslin Imber
- 16 Mimi & Stu Wood
- 16 John Hull
- 17 Bonnie & Eric Wootten
- 17 Lily & George Burns
- Keaton Campbell 18
- 18 Gary Martin
- 19 Kimet & Mike Hipp
- 21 Karen & Chris Andrews
- 22 Stuart Wood
- 22 Mike Hipp
- 24 Nancy & Harry Miller
- 24 Jola & Christian Carter
- 25 Seth Stevens
- 26 Holly Hubbard
- 27 John Sprague
- 28 Dante Thomas Aiello
- 28 Traci Duke
- 28 Lorenzo Vigorito
- 29 Bobby Fox Jr.
- Jeanette Smith 29



# September 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 3:30pm Schip- per Wedding	2
3 14th Sunday after Pentecost 9am Chapel 10:15am Sanc- tuary	4 Labor Day Office Closed	5 7pm Deacons	6	7 10am Men's Fellowship Group	8	9
10 15th Sunday after Pentecost Reunion Blessing of the Backpacks 10am Worship	11	12 6pm Session	13 9:15am Mis- sion 10:30am Staff 12pm PW Luncheon	14	15	16
17 16th Sunday after Pentecost 10am Worship	18	19 7pm Trustees	20 9:30am Fund- raising Meet- ing	21	22	23
24 17th Sunday after Pentecost 10am Worship	25	26	27	28	29	30 9am-3pm Scrap Metal Drive—Church parking lot